Written nearly a thousand years ago, al-Warraq's cookbook is the most comprehensive work of its kind. This traditional cookbook with more than 600 recipes from the luxurious cuisine of medieval Islam is also a rare guide to the contemporary culinary culture. Its numerous anecdotes and poems unfold the role of food in the politics of Islam's golden era. Introducing this elegant translation is a thorough survey of the period and its food culture. An extensive Glossary, in Arabic and English, of medieval ingredients and dishes, and an Appendix of historical

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Readership
A valuable source in academic and public libraries for researchers interested in cultural/culinary history in general and medieval Islam, social sciences, anthropology, comparative literature, and linguistics. Equally interesting for the general reader.

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